

DECISION TREE: 0 YEARS TO GROUP 8

Stay at home or go to childcare / school?

This decision tree has been developed on the basis of the directives of the RIVM (National Institute for Public Health and the Environment) and is a guideline for parents/guardians as well as people working in the childcare sector (nursery, toddler groups,

After-School Care and as childminders) and primary schools. With the decision tree below you can determine whether or not a child is allowed to go to childcare/school. There is one decision tree for children from 0 years to Group 8.

IMPORTANT

Follow the decision tree from top to bottom. Start with the first question and follow the questions in the specified order.

START

Does anyone in the child's household currently have COVID-19?

yes

no

The child stays at home

Does anyone in the child's household have complaints that are consistent with COVID-19 as well as a fever (38.0 degrees Celsius or higher) or tightness of the chest?¹

yes

no

The child stays at home

Does the child have a nasal cold?²

yes

no

In the past 10 days, has the child been in contact with anyone outside the child's household who has COVID-19?³

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yes

no

no

The child stays at home

Was the child in a country or region with a red or orange travel advisory code less than 10 days ago?

yes

no

The child stays at home

Does the child currently have a fever (38.0 degrees Celsius or higher) or shortness of breath or a (more than occasional) cough?⁴

yes

no

The child stays at home

The child may attend

WHEN SHOULD YOU TEST A CHILD?

In all cases, follow the advice of the GGD (Municipal Health Services). In general:

TESTING IS NOT NECESSARY:

- ✗ If the child shows **symptoms of a common cold** (such as runny nose, nasal cold, sneezing or sore throat), or familiar symptoms associated with hay fever or asthma.
- ✗ If the child shows other symptoms that may match those of COVID-19, such as **fever, shortness of breath or (more than occasional) coughing**.

TESTING IS NECESSARY:

- ✓ If a child is **seriously ill** with symptoms that are in line with COVID-19. In such instances, call your general practitioner immediately.
- ✓ If someone in the child's household or someone with whom the child has had contact has **tested positive** for COVID-19 and the child develops symptoms.
- ✓ If the child is involved in an outbreak investigation. Follow the advice of the GGD.

TEST RESULT AND ENSUING ACTION

If the child or a member of the child's household has a **positive test result** (COVID-19 has been detected), follow the instructions of the GGD. If the child (or a member of the child's household) has a **negative test result** (no COVID-19 has been detected), the child can go back to childcare/school, even if all their symptoms have not quite disappeared. The exception for this is if the child is still in the quarantine period.

HOW LONG SHOULD A CHILD STAY AT HOME?

Until the child or member of the child's household has been symptom-free - so not suffering from any shortness of breath, (more than occasional) coughing or fever - for at least 24 hours. Unless the child is still in the quarantine period. Then follow the decision tree again.

1 SYMPTOMS OF COVID-19

nasal cold, runny nose, sneezing, sore throat, cough, tightness of the chest, an elevated temperature or fever, or sudden loss of smell and/or taste (without nasal congestion).

2 NASAL COLD

runny nose, mucus in/coming out of the nose (the colour of which does not matter) possibly accompanied by sneezing, a (occasional) cough, and/or sore throat.

³ For GGD (Municipal Health Services): contacts in categories 2 and 3

⁴ Do these symptoms fit with usual/familiar health complaints, such as hay fever or asthma? If so, you can answer this question with a 'no'.

Should you have any questions or doubts, please contact an infectious disease specialist at the GGD. You can also call the national COVID-19 information number of the Dutch government: 0800 1351 (free of charge; 08:00-20:00). For more information, visit rivm.nl/en